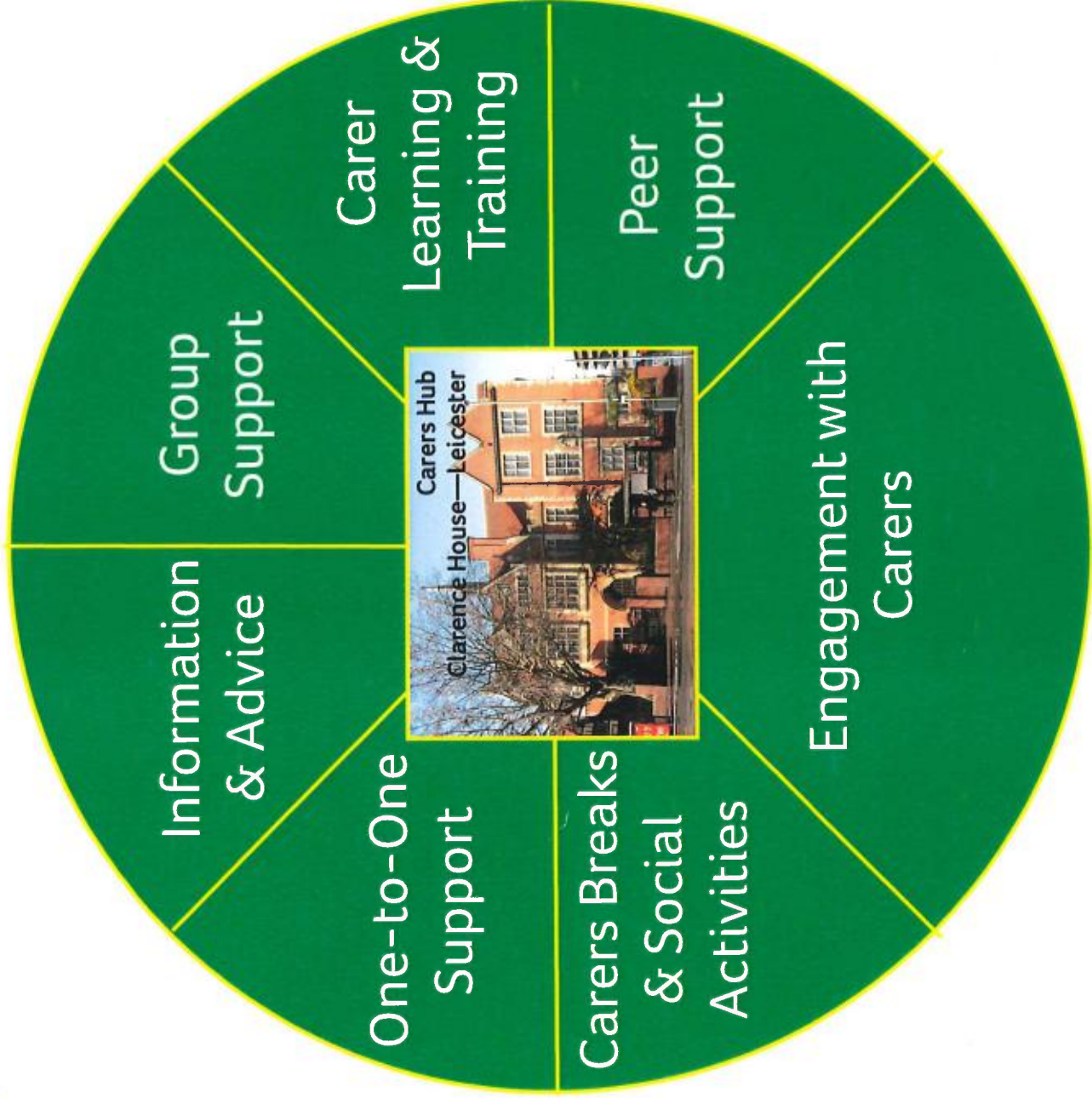
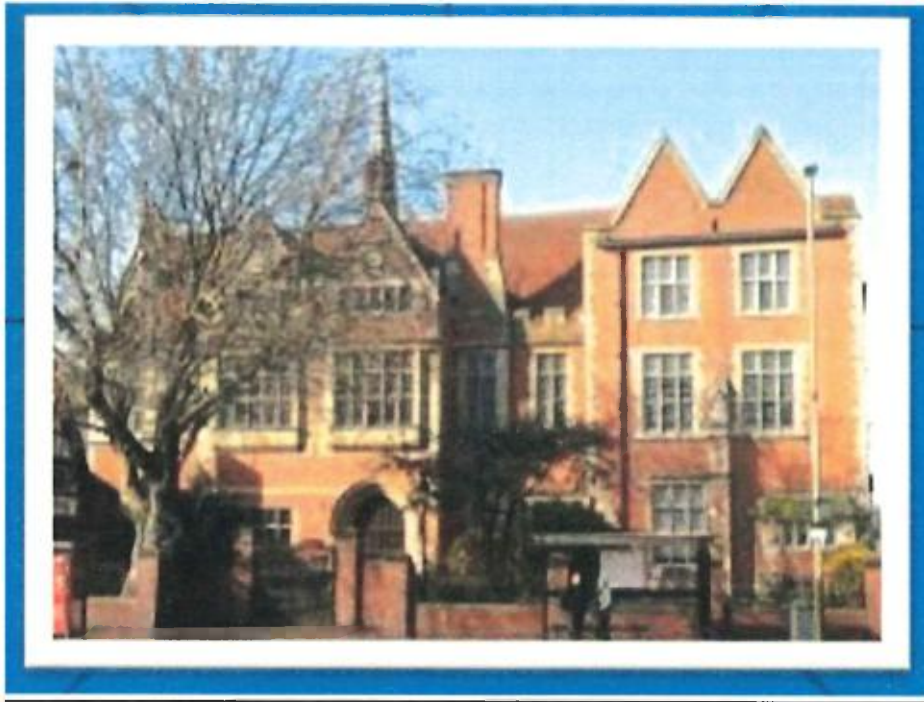


Leicester Carers Support Service



WELCOME TO THE LEICESTER CARERS SUPPORT SERVICE



The new Carers Hub, Clarence House, Humberstone Gate, Leicester

Since 1st July 2019 Age UK Leicester Shire & Rutland has been providing support to all carers, over the age of eighteen, in the City of Leicester.

The **Leicester Carers Support Service** provides: -

Carers Hub

The Carers Hub is based at Clarence House with staff and volunteers offering preventative and support services. This includes information, wellbeing and group activities, carer's cafes, peer support groups, referrals to appropriate organisations and signposting.

Carers can access the service by appointment or by just dropping-in for support and information. As well as the Carers Hub additional meeting and interview rooms are available.

Information, Advice & Guidance

Our Adviser delivers information, advice and one-to-one support on such issues as welfare benefits, entitlements, Adult Social Care, housing matters etc and can undertake benefit checks and complete application forms. The Adviser is based at

the Carers Hub but also undertakes home visits, provides telephone advice and will shortly hold some outreach sessions.

One to One Support

Members of the team provide one to one support to carers. For example, maybe they are new to the caring role and need help as to the range of services that are available; they may be under considerable strain and in need of support; they may be facing financial difficulties or need support with a carer's assessment.

Group Support

Staff facilitate a programme of group activities at the Carers Hub and community-based locations. This programme includes crafts, café sessions, outings, carer learning, exercise sessions, discussions, talks and visits.

Peer Support

We arrange peer support sessions at the Carers Hub, as we believe carers can gain tremendous support from one another by sharing experiences.

Peer support is provided through social activities, carer's cafes and outings. Consideration is always given to the varying needs of carers.

Outreach Support

We arrange a programme of activities, social events, information events and drop-in sessions. We constantly review the locations we use for our outreach sessions and utilise accessible venues that cater for the diverse needs of carers.

The new service is available weekdays, 8.30am - 5.00pm.

For further information please contact: -

Leicester Carers Support Service

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